

STATE BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH

Minutes of August 14, 2007
Utah Department of Human Services
120 North 200 West, Room 212
Salt Lake City, Utah 84103

Attended:

Board Members:

Dr. Michael Crookston, Chair
Paula Bell, Vice-Chair
Darryl Wagner
Nora B Stephens
Dr. James Ashworth

Excused:

Joleen Meredith
Lou Callister

Staff:

Mark Payne
Brent Kelsey
Dallas Earnshaw
Tracy Luoma

Jan Fryer
Susannah Burt

Guests:

Richard Nance
Sherri Wittwer
Angela Smart

Steve Jardine
Jan Ferre
Debbie Headen

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome and Introductions	Dr. Crookston opened the meeting and welcomed those in attendance. Introductions were made.	
Approval of June 12, 2007 Meeting Minutes	Nora B noted a typographical correction to the minutes of June 12 th .	Nora B moved that the June 12th meeting minutes be approved as corrected. Motion seconded by Paula and approved unanimously.
Budget Items	<p>Budget Closeout: Tracy reported that the budget closeout for State Fiscal Year 2007 has been completed. She noted that the Division and the State Hospital closed out with approximately \$266,000, with \$126,000 of that being non-lapsing and the remaining \$140,000 lapsing money.</p> <p>Building Blocks: Tracy reported that budget meetings have been held with the Executive Director's Office (EDO), and any budget requests for the 2008 Legislative Session are due to EDO by August 17th. Tracy referred to Mark Payne and Brent Kelsey to provide information on proposed building block requests for mental health and substance abuse. Mark reported that a major area of concern within the system is the number of mentally ill individuals that are showing up in emergency rooms and jails who are in need of treatment services. He indicated that efforts are being focused on developing an appropriate model for Utah that would divert individuals to more appropriate settings and treatment. Details of this request are still being addressed.</p> <p>Brent reported on substance abuse funding proposals that are being considered and indicated that costs and numbers served are still being discussed. Requests include, 1) additional drug court services, 2) expand substance abuse treatment services for Utah's adolescents, 3) expand services to individuals in substance abuse treatment by increasing formula dollars, 4) increase mental health and substance abuse services and suicide prevention services for Utah's college students. Details for these funding requests were provided and time was allowed for questions and feedback by the Board.</p> <p>Mark added that the State Hospital has a need for nursing salary adjustments and this may be referred to DHRM (Department of Human Resource Management) to make recommendations.</p>	FYI.

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Update on Methadone Rules and Regulations	<p>Brent reported that the Division has been working on Methadone rules and regulations for the past six months and that Victoria had previously presented draft standards for Methadone providers to the Board. Brent reported that after further review of the state statute, it appears that the Division does not have the authority to regulate private Methadone facilities that do not receive public dollars and that most Methadone providers do not receive public funding. Brent reported that meetings have been held with the Department and the Director of Licensing to propose that any changes to the rule be included within the Department's Division of Licensing Rules. He noted that the Director of Licensing is agreeable to this proposal. He also indicated that Methadone providers are aware of the revised standards and are making efforts to adhere to the new standards.</p> <p>Brent also provided an update on needed language changes for the rules related to alcohol training for both on-premise and off-premise sales. He reported that it has been verified by the Department's Information Technology Services that there are security issues with on-line training sites and that questions have come up about the Division's responsibility to assure that these sites are secure and protected. Brent indicated that the Division has contacted the provider and requested that they provide assurances that their on-line site is secure and in addition, the Division has placed a pop-up disclaimer on the site that individuals will see when accessing the site. There are also issues related to energy drinks that contain alcohol and are being sold in the stores. Discussions have occurred with the Department of Alcohol and Beverage Control (DABC), and they will be reviewing their packaging standards and have requested that the Division include the recognition of beverages containing alcohol as part of their approved training curriculum.</p>	<p>Proposed language changes to both Rules will be presented to the Board at their September 11th meeting for review and approval.</p>
Prevention Report	<p>Susannah Burt, Project Coordinator for the Strategic Prevention Framework Grant reported on prevention issues. She distributed a handout which included a fact sheet of the statewide substance abuse related priorities for 2007, which include: 1) alcohol related motor vehicle crashes across the lifespan that includes property damage, personal injuries and fatalities, and 2) non-illicit drug related morbidity and mortality. The document also included a chart showing the indicators that were identified to measure and successfully evaluate the statewide priorities. A fact sheet was also included listing the eleven goals to be accomplished, which were identified in the Division's application to the Federal Government as part of the Statewide Prevention Framework State Infrastructure Grant (SPF-SIG) application.</p> <p>Susannah also provided an update on SEOW (State Epidemiological Outcomes Workgroup) that was originally funded by the SEOW Grant and has since been rolled into the Statewide Prevention Framework Grant. SEOW is the data collecting and analysis group and provides information in data collecting that is essential to prevention. She reported that since the epidemiological profile was released, there have been a number of outside sources that have voiced an interested in maintaining SEOW once the Grant is completed.</p>	
Utah County Substance Abuse Mortality Study	Richard Nance, Director of Utah County Substance Abuse Services presented information on the Utah County Substance Abuse Mortality Study. A PowerPoint was provided as well as a handout. The outcomes-based study compared the mortality rates between drug court clients and regular treatment clients at Utah County. Researchers discovered that mortality rates	FYI.

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Mortality Study (continued)	among drug court clients were slightly higher than regular treatment clients. However, it was noted that this is primarily due to the large number of clients who attend regular treatment programs versus clients who choose the Drug Court Program. A research question was developed to get information about the difference between the two populations, and it was determined that it was the amount of case management and oversight by drug testing, oversight by the judge, and tendency management approaches such as shorter jail sentences for positive drug testing. Richard provided details of the study during his presentation.	
Hospital Video	Dallas Earnshaw introduced a DVD which the Hospital has been working on for the past couple of years. The intent was to create an educational video that would help consumers, family members, and mental health workers throughout the system to better understand the State Hospital and the services it provides. Dallas indicated that it has also been learned that the DVD is useful for recruitment and public relation purposes. He reported that the DVD is not yet in its final format and briefly described its content prior to showing it to the Board. Board members credited Dallas and his staff for a professional well-done video.	FYI.
Utah State Hospital	<p>Dallas reported that the State Hospital is still facing issues with staff resources and there are currently 20 nursing vacancies. He reported that he has been meeting with nurses throughout the hospital to open up discussions regarding the issues. This is the major financial issue for the Hospital next year, and it is hopeful that a building block request will be submitted.</p> <p>Dallas announced that the Building Board will be visiting the Hospital on August 21st to look at the older buildings on campus and address issues with replacing the MS building, as well as the consolidation project.</p> <p>Dallas reported that the Legislative Audit continues at the Hospital and will likely go through the end of the year and possibly longer. He indicated that the auditors are making every effort to understand all aspects of the Hospital and its operation in order to make meaningful recommendations.</p> <p>Dallas noted that the waiting list on the Forensic Unit is currently at 14 and continues to be difficult to manage. He indicated that with the influx of court orders, the Hospital is continually working on moving individuals through and dealing with those individuals who are ready to move on.</p>	FYI.
Substance Abuse Fall Conference	Brent indicated that the Board has presented the Stuart Wilkinson Board Award during the awards ceremony for previous fall conferences and ask the Board for input as to who they would like to recognize this year. Other award categories were discussed and it was clarified that all other awards were done through a nomination process. The Board provided a couple of suggestions; however, it was unclear if these names had been submitted for other possible award categories. Darryl suggested that it would be helpful if the Division provide some recommendations to the Board as well.	Division staff will determine if the names recommended by the Board are receiving other awards. This information, along with additional recommendations will be provided to the Board via e-mail. The Board will then make a decision on the award.
Utah Behavioral Healthcare Network (UBHN)	Angela Smart provided an update on UBHN activities. She reported that the UBHN merger with the Utah Association of Counties (UAC) is final, and that UBHN has officially moved to the UAC offices. The recent focus of UBHN has been spent on finalizing the dissolution of the corporation, and the necessary tasks have taken longer than expected to complete.	FYI.

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UBHN (continued)	<p>Angela expressed appreciation to Brent Kelsey for his leadership in working with them on issues regarding eligibility criteria relative to DORA. Angela reported that UBHN is currently focusing on legislative priorities and that Mark and other Division staff will be attending the August 16th UBHN Board meeting to discuss those priorities. She indicated that UAC is starting a legislative coordination meeting this week that will include all of the county groups under UAC which will now include UBHN. It is hopeful that these meetings this will help to get support for legislative priorities.</p> <p>Angela also reported that funding is still being sought after to continue with the Network of Care. She indicated that she is working to locate additional funding to make this an ongoing resource for families and consumers.</p> <p>Angela also reported that they have reexamined all of the committees under UBHN and indicated that the Clinical Services Committee has been reauthorized. There is also a Prevention Coordinators Performance Development Committee, a Finance Director's Committee and a new Public Policy Committee has been added. There are also a couple of directors who sit on national organizations.</p>	
Adjourn		Nora B moved that the meeting be adjourned. Motion seconded by Paula and approved unanimously.